

## TRIGUNA PHILOSOPHY: AN ARMED FORCES PERSPECTIVE

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### **ABSTRACT**

*Men in uniform display multiple traits which can be identified as the yardstick for successful leaders. Indian armed forces prepare his officers through a continuous process of teaching and experiential learning to become an effective leader. The present work is aimed at analyzing triguna concept and utilizing the understanding to develop an effective force. To understand these attributes, data is collected from 242 officers across three services and across different ranks. The standard personality instrument is utilized to measure the three gunas i.e sattva, rajasik and tamas. Identification of the dominant gunas at every stage of service hold importance. No significant difference in pattern observed across various ranks as well as in different services. It is a misnomer that armed force personnel is predominantly rajasik/tamasik. The study also revealed ideal characteristics of rajasik and tamas which can be exploited to make the soldiers invincible. The new generation soldiers are logical in nature thus a scientific use of triguna concept can be utilized to create a potent armed force. The study reveals that the new generation leaders of armed forces are officers of the highest calibre, matured, intelligent, strategic thinker and truly knowledge-warrior and exhibit a high sattvic personality.*

**KEYWORDS:** *Leadership Style, Triguna, Sattva, Rajas, Tamas, Armed forces, Soldiers*